

*Planning
your arrival*
AY 2017/2018



International Student Guide

Piacenza



UNIVERSITÀ
CATTOLICA
del Sacro Cuore

Welcome to Piacenza

Dear International student,

Studying in Piacenza can be an exciting and challenging experience as well as an opening of your social and cultural horizons.

This guide has been carefully drawn up to provide the essential information about courses, visa, student life and practical tips for your stay here in Piacenza and your experience at Cattolica.

Please check regularly the International Student Web Portal:
> www.ucscinternational.it in order to remain up-to-date on academic issues concerning your stay.

Further information relevant to your day-to-day experience in Italy will be provided during the welcome day, however this guide should give you a good idea of what to expect upon arrival.

We hope you will make your stay a positive and enriching experience.

UCSC International Staff





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Before you leave home

Application Form

You can find the application form to fill out online on our website

› www.ucscinternational.it/spend-a-semester-with-us/exchange-in-piacenza-cremona

Please note that it has to be filled in and signed by your home Institution Advisor as well.

Placement Confirmation and Course Selection

Your international student advisors will send you information via email regarding your placement, forms, and courses. If you need further help you can send an e-mail to:

@: ucsc.international-pc@unicatt.it

Visa Requirements

Non E.U. Citizens require a visa for a stay of longer than three months (90 days). Students need to request a student visa at the Italian embassy or consulate of your jurisdiction. Below you will find the basic application requirements. However, it is important that students verify their consulate's web site for any additional requirements:

- Admission letter issued by host institution
- Passport
- Student visa application to be submitted in person
- Proof of enrolment at home institution
- Affidavit of financial support
- Proof of adequate health insurance coverage outside your country
- Flight itinerary

Once in Italy, you will have to follow the steps of the Residency Permit procedure. All information will be provided at the Welcome Days.

Travel Insurance

Your health insurance will likely not cover any damage or loss of belongings during travel and stay in Piacenza. We highly advise you to insure your most precious and expensive belongings such as laptop and other electronics. A travel insurance would also cover any loss of important documents such as passport, credit cards, etc. Your travel insurance may also cover emergency medical expenses and medical evacuation. Do a search and compare the benefits and see how they complement your health insurance abroad.

If you do bring your laptop it is important you insure it against damage or theft. Never leave your belongings unattended anywhere on campus, library, computer lab, etc. Do not mail your laptop as it will be held at customs and will only be released by paying a customs fee. If you do bring your laptop it is important you insure it against damage or theft. Never leave your belongings unattended anywhere on campus, library, computer lab, etc.

Do not mail your laptop as it will be held at customs and will only be released by paying a customs fee.

Medical Insurance

If you are a citizen from either a **EU Member State or an EEA country** or of Swiss nationality, you should have an European Health Insurance Card (EHIC, Italian acronym: TEAM) obtained in your home country from your national healthcare authority. The European Health Insurance Card (or EHIC) allows to receive medical treatment in another member state for free, or at a reduced cost. The patient will be charged for prescriptions, medical examinations, oral and dental care.

Non-EU Citizens must take out an International Health Insurance which covers costs related to medical treatment and admission to hospital. This insurance costs about 49 € for a period of six months and 98 € for a period of twelve months.

Always contact your insurance agency before leaving for Italy.

Note: An insurance policy is compulsory if you apply for a Residency Permit (Non EU Students only).

What to bring to Piacenza

Documentations check-list

- A valid passport/ID card
- A valid student visa (if applicable)
- Travel itinerary/ticket
- Travel insurance
- Health insurance
- Credit cards & other cards
- Any medical certificates
- Admission letter issued by host institution
- Two colour and original passport size photos (4 x 4 cm). They can not be scanned.

Documentation guidelines

Make additional copies of all your documents, certificates, cards, etc. Keep copies in a safe place in your home country, and bring the rest to Italy. When travelling remember to keep copies in both your hand luggage and check-in luggage. Upon arrival keep all documents in a safe place in your apartment.

For further safety measures, scan all your documents, certificates, cards etc. and email them to yourself as attachments.

Bring receipts of any electrical goods that you bring such as laptops, cameras, iPods, etc. This ensures when and where the items were purchased

Packing

Piacenza is the major crossroads of Northern Italy. December to February are the coldest months, but April usually brings nice springy weather.

Students on campus generally dress informally but you may want to bring with you something more formal for special events. You can find everything in Piacenza so don't worry if you forget to pack something.

You will need to buy plug/power converters for your electrical devices. Electricity in Italy and Europe comes out of the wall socket at 220 volts. The Italian plug is the two or three round-prong socket

Medical assistance

Medication

You should verify the availability of certain drugs in Italy, but we suggest that you stock up from home on any specific medication you will need during the stay. Control the custom restrictions for importing medication as you do not want to have your medication confiscated at customs. For safety measures, obtain a letter from your General Practitioner (GP) specifying the medication you will bring with you.

Pharmacies

Many medications that you purchase over-the-counter in other countries may be available only by prescription in Italy.

Health Centre at Cattolica

There is a Health Center on campus which provides all registered students with medical care, nursing care, and psychological counselling.

Doctor Giuseppe Miserotti will be glad to assist you. His visiting hours are:

- **Mondays and Wednesdays:** 3pm - 4pm
- **Fridays:** 11am - 12pm

Hospitals

If you require more serious medical assistance you will need to visit the hospital. Remember to always bring a copy of your health insurance or Health Insurance card. Always inform the International Student Services and they can arrange an Italian speaking assistance if needed.

Accommodation in Piacenza

Finding a lodging in Piacenza is very easy. There are various owners willing to rent their apartments to foreign students, most of whom speak English. Before your arrival, our International Office will send you updated information about available apartments in town. Moreover, our university offers two Residences on campus and two in the city center, and collaborates with some good estate agencies that help students finding the right place to stay, according to your needs and expectations.

Residences for students

Residenza Gasparini

Located right behind the University canteen, it is our brand new Residence on campus. With 52 single rooms and private bathrooms, and three common kitchens, this residence is a very comfortable place to stay. The price includes breakfast, bed linen, blankets, bath towels, weekly room cleaning and Wi-Fi connection. There are also several common rooms in which you can study and spend your time with other international students.

Contacts:

Segreteria Operativa Piacenza

EDUCatt

@: reception.piacenza@educatt.org

Tel. +39 0523 62 11 11

Fax: +39 0523 579416

› educatt.unicatt.it/educattresidenza-gasparini-il-collegio

Collegio Sant'Isidoro (on campus)

The Residence was built in 1995. With 165 single bedrooms, the Residence provides many services, including heating, air conditioning, sports facilities, common study rooms, tv room, wi-fi connection, private bathroom, room cleaning, all included in the accommodation fee. Please note: a few bedrooms will be set aside for Exchange Students - for deadlines and application procedure please contact:

MIL SERVICE (Stefano Zaffiro)

@: info@milservice.com

For more information please visit:

› collegi.unicatt.it/collegi-collegio-sant-isidoro-presentazione

Inside the Collegio you will find the University canteen, open to students, administrative and teaching staff and to external guests.

Collegio Sant'Isidoro will be closed from 25th July to 25th August for Summer Holidays.

› collegi.unicatt.it/collegi-collegio-sant-isidoro-presentazione

Collegio Morigi (off campus) – Collegio Orsoline (off campus)

Alternatively, you can apply for a private room at one of the other residences for students.

For information about application procedure and deadlines please refer to:

Segreteria Operativa Piacenza EDUCatt

@: reception.piacenza@educatt.org

Tel. +39 0523 62 11 11

Fax: +39 0523 579416



Real Estate Agencies

If you prefer to choose your apartment directly in Piacenza, you can easily book a room at a hotel or hostel and take an appointment with one of the Real Estate Agencies that support our students:

INVEST SRL

Roberta Sarti
Via Mazzini 31-33 – 29121 Piacenza
Tel +39 0523 384842
@: roberta@investimmobiliare.eu
@: aginvest@tin.it
› www.investimmobiliare.eu

TECNOCASA

Ms. Umbra (English speaking)
Tel. +39 0523 455863
@: pccc2@tecnocasa.it
› www.tecnocasa.it

SOLUZIONE CASA

Mr Massimo Corbellini (English and Spanish Speaking)
Tel. + 39 0523 490818
@: info@soluzionecasapc.it
› www.soluzionecasapc.it

CASA IN

Ms Emanuela Anglani (English speaking)
Tel. +39 339 4297746
@: info@casainpiacenza.it
www.casainpiacenza.it

PIACENZA AFFITTI

Tel. +39 347 6990669
@: info@piacenzaaffitti.it

Temporary Lodgings

BED & BREAKFAST L'ANTICA TORRE

Str. La Motta Vecchia, 31 - 29122 Montale (PC)
Tel/Fax: +39 0523 615267
Mobile: +39 392 3958926 - +39 348 4590725

DON ZERMANI HOSTEL

Mrs Daniela Ponzini
Via Zoni, 38/40 - 29121 Piacenza - Italy
Tel. and Fax: +39 0523 712319
› www.ostellodipiacenza.it

PAPA GIOVANNI XXIII HOSTEL

Mrs Daniela Ponzini
Cantone San Nazario 2/A - 29122 Piacenza (PC)
Tel. +39 (0)523 337989
@: info@ostellodipiacenza.it

PETIT HOTEL

Via Pennazzi, 5 - 29122 Piacenza
Tel. +39 0523 590405
@: petithotelpiacenza@gmail.com
› www.hotelpetit.it

EURO HOTEL PIACENZA

Via Cristoforo Colombo, 29/F
29100 Piacenza
Tel. +39 0523 606 011
@: info@hoteleuropiacenza.it

HOTEL CITY PIACENZA

Via Emilia Parmense, 54
29100 Piacenza
Tel. +39 0523 579752
› www.hotelcitypc.it

COLLEGIO DEI FRATI SCALABRINIANI

Mrs Stefania (Secretary office)
Via Francesco Torta, 14
29122 Piacenza
Tel. +39 0523 348621
@: casamadre@scalabrini.net

Via Croce 10
29121 Piacenza (PC)
Tel.+39 327 2892814 -
+39 340 5252402
@: bedandbreakfastgio@gmail.com
www.bedandbreakfastgio.com

› www.bed-and-breakfast.it/citta.cfm?citta=Piacenza&idregione=5&gclid=CMP514iqwb0CFanjwgodB1wAGg

Bed & Breakfasts in Piacenza

B&B Giò

Prices

Accommodation	Average fees/month	Other fees
Residenza Gasparini	650 €	meals
Other residences	Depending on your family's income	
One-room apartments	300-350 € (bills excluded)	Estate agency fees (50% discount)
Two-room apartments	400-500 € (bills excluded)	Estate agency fees (50% discount)
Three-room apartments	550-650 € (bills excluded)	Estate agency fees (50% discount)

Your Study Plan

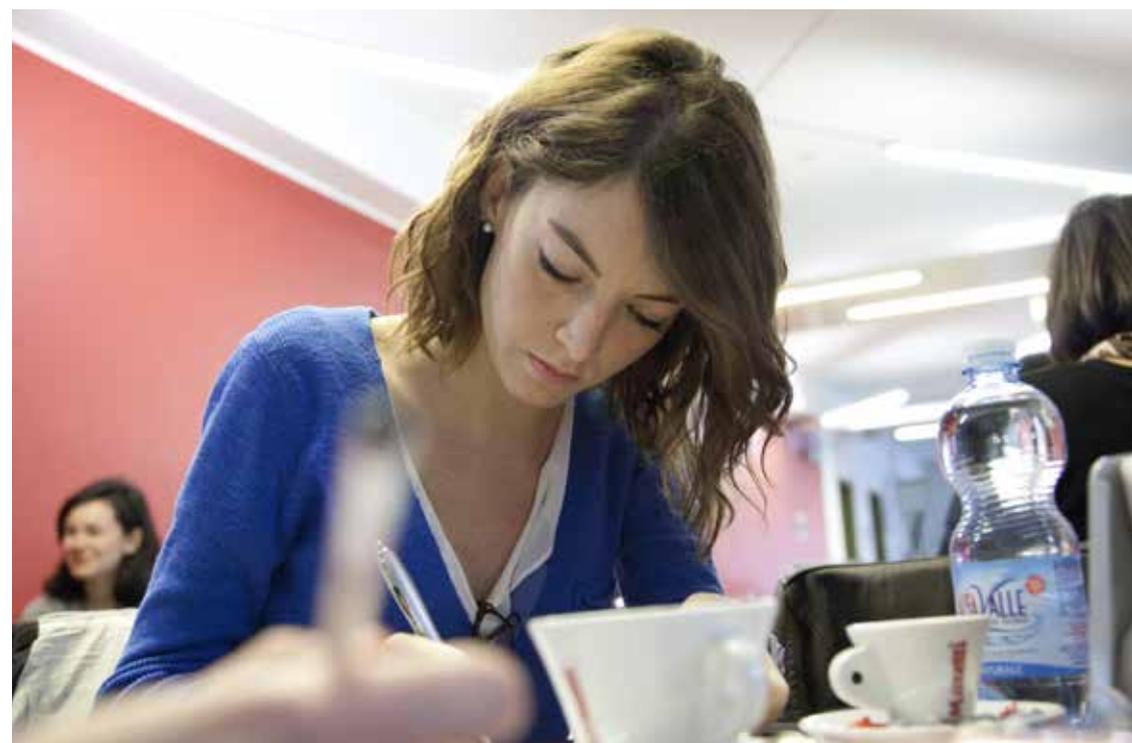
COURSES

This is your study plan:

- Business Finance
- International Finance
- International Strategies
- Sustainability Management
- Business Analytics
- International Management
- Italian Language Course
- Internship
- Thesis

UCSC International organizes an [Italian Language Course](#) during each semester, designed for students who want to learn, study and explore the Italian language and culture. The Stage and Placement Office will find an [internship](#) for you in a company, according to your interests, skills and competences.

Moreover, you will be asked to write a [thesis](#) to complete your studies at UCSC. Finally, you will present the thesis to your UCSC professors and receive a final mark. The Graduation Ceremony will take place at ULS.



Academic Calendar

For students arriving at the beginning of the academic year



For students arriving at the beginning of the Spring semester



Public Transportation in Piacenza

Bus

The wide network of buses covers the entire city. It will allow you to access all major city attractions within 30 minutes.

Tickets

All tickets for the public transportation system can be purchased at news kiosks, tobacco shops, or directly on the bus (by paying an overcharge).

Ticket costs

- One ride is 1.20 € each and is valid for 60 minutes (1.50 if bought directly on the bus)
- One-day pass ticket costs 3.50 €
- We recommend you to purchase the monthly transportation pass for 28 €

Additional information will be given at the Welcome days.

For further information visit the website:

› www.setaweb.it/azienda/index.php?azienda=pc

How to reach us upon arrival

Situated at the heart of the Po Valley, in the lush and fertile region of Emilia-Romagna, Piacenza lies on the border between Lombardy and Piedmont, two of the most industrialized regions in the north of Italy, at a crucial crossroads for road and rail transport, both national and international.

Thanks to its easy access from both the south and the north of the country, Piacenza has always been an important center for commerce and transport.

By Plane

Once arrived at any of the Airports listed below, you may take a bus to Milano Centrale Railway Station (please check the Airport website for timetable, tickets and prices).

Airports:

- Aeroporto Orio al Serio (BG) - 210 km from Piacenza
› www.sacbo.it
- Aeroporto di Linate (MI) - 65 km from Piacenza
› www.sea-aeroportimilano.it/liniate
- Aeroporto di Malpensa (MI) - 100 km from Piacenza
› www.sea-aeroportimilano.it/Malpensa

By Train

From **Milano Centrale Railway Station** take a train to Piacenza. Please check out the timetable at:
› www.trenitalia.com/trenitalia21.html

By Bus

You may take a bus from Piacenza Railway Station to UCSC. Please check out timetables at:
› www.setaweb.it/azienda/index.php?azienda=pc

If you prefer to take a taxi you can call the following numbers:

- Radio Taxi: (+39) 0523 591919
- Night hours Taxi service: (+39) 348.4485155

The cost from Piacenza Railway Station to UCSC Piacenza at day time is about 7.50 €.

By Car

- **Motorway A1** (Milano-Bologna): Exit "Piacenza Sud."
- **Motorway A21** (Torino-Brescia): Exit "Piacenza Sud."

From both exits, follow indications for Piacenza city center. Turn left at the first round-about, go straight ahead, then take the first exit on the right; the University is on the right (500 metres).





Student life

Some of the activities organized throughout the semester include:

- Welcome Activities
- Happy Hours and Aperitivo
- Cooking Course
- Dinners
- Cultural and Social Events
- Trips

During the year the International Office and the SMINT group organizes some trips according to students' requests and desires. Check the following websites to get more information about:

Tourism in Piacenza:

- › www.comune.piacenza.it
- › www.visitpiacenza.it
- › www.comune.piacenza.it/giovani/index.asp

Nightlife:

- › www.piacenzanight.com

Art, culture, music and shows:

- › www.piacenza-pc.it/default.htm

Theatres:

- › www.teatricomunali.piacenza.it

Living in Piacenza

Piacenza is a quite but dynamic city. People bike everywhere. The essence of Piacenza is as true today as in centuries past.

Piacenza is a beautiful city, a city which offers a multitude of cultural features that tourists rarely discover.

Piacenza is the real Italian city, where theaters and concerts pervade the atmosphere, where rivers, castles and hills are perfect locations for picnics and discoveries of real Italian food & wine.

Piacenza is a city to explore and a place to reflect. Piacenza is a city of

people. A city full of life. The menus of Piacentini restaurants have influenced the world's finest cuisines.

Piacenza is a living, breathing, exciting city, friendly and welcoming.

Useful links:

- › www.ucscinternational.it
- › www.setaweb.it/azienda/index.php?azienda=pc
- › www.trenitalia.com
- › www.comune.piacenza.it
- › www.visitpiacenza.it/
- › www.castellidelducato.it/castellidelducato/

Enjoy a weekend in Milan

Cremona is located very closely to Milan, so we advise you to take the advantage to visit the city. Below is a guide of places to visit in Milan:

The Duomo

One of the most remarkable landmarks in Italy - *Il Duomo*, located in *Piazza del Duomo* is the heart of Milan so be sure to soak in the atmosphere of this beautiful Cathedral and square.

Galleria Vittorio Emanuele II

A huge glass-roofed shopping arcade lined with exclusive shops, bars, and restaurants. It has mosaics with the symbols of the cities forming the newly united Italy. Some people consider it good luck to spin on the bull of Turin.

La Scala

Built in 1778 it has a very opulent interior. You can also visit the museum. Prices vary depending on the production and seating.
> www.teatroallascala.org/

Castello Sforzesco

The castle was originally built in the 15th century by the ruling Visconti but was destroyed and rebuilt by the Sforzas soon after. It became a museum complex in the 19th century and is one of Milan's major landmarks.

Santa Maria delle Grazie

This is the church which contains Da Vinci's famous fresco, the Last Supper. Although the building was bombed in 1943, the fresco survived. To visit, it is necessary to book in advance.
> www.cenacolovinciano.org/sito/home.html

National Museum of Science and Technology Leonardo Da Vinci

The museum is housed in what was once a 16th century monastery. The museum has a vast collection showing the history of science and technology starting from Leonardo Da Vinci's machines.
> www.museoscienza.org/english/



Sant'Ambrogio

It is the fourth-century church of Milan's patron saint Sant'Ambrogio. Inside you will be stunned by many beautiful relics, carvings, and mosaics.

Pinacoteca di Brera

Originally started by Napoleon, this is Milan's most prestigious art gallery. It holds a huge collection of over 600 works in 40 rooms.
> www.brera.beniculturali.it/

Shopping in Milan

Milan is a fashion lovers paradise so you will easily find top quality clothing, footwear, and accessories. Visit Corso Vittorio Emanuele II near Piazza della Scala, via Monte Napoleone near the Duomo, or Via Dante between the Duomo and Castle. For exclusive fashions, try the area around via della Spiga called the Quadrilatero d'Oro. Corso Buenos Aires has many chain stores. Markets are held around the canals.

Trains from Cremona to Milano

Trenitalia - Italian Railways:
> www.trenitalia.com/



Residency Permit requirements

If you are staying in Italy for more than 90 days, you must go to a Post Office (see details below) within 8 days of your arrival in Italy (or any other Schengen country you've gone through preceding your arrival in Italy), in order to get the Yellow Kit (Residency Permit application forms) needed to get your Residency Permit

- Piacenza 7 Via Trivioli, 6/8
- Piacenza 9 Via Conciliazione, 49

When you hand in all the documents, you will have to pay:

- 30,46 € for the Residency Permit
- 30,00 € for the shipment tax
- 16,00 € for the revenue stamp (marca da bollo)

The Kit contains a series of forms you must duly complete and return to the Post Office together with the following documents:

- Photocopy of passport (all pages),
- VISA documentation and any letter issued and stamped by the Consulate (make additional copies)
- A certificate of enrolment issued by UCSC and stamped by the Consulate
- Copy of health insurance coverage

POST OFFICES IN PIACENZA

CAP 29121

- Piacenza centro Via Sant'Antonino, 40
- Piacenza 10 Via Giuseppe Taverna, 269
- Piacenza 2 Via Pietro Cella, 74

CAP 29122

- Piacenza 3 Via Colombo, 44
- Piacenza 4 Piazzale Medaglie d'Oro, 9
- Piacenza 6 Via Emilia Parmense, 24

For more information visit:

› www.poliziadistato.it/articolo/225/

The Post Office will give you a receipt of payment, duly stamped. You must hand in the receipt to our International Office. Consequently, you will receive a letter from the Post Office giving you an appointment to get your Residency Permit (electronic format). On that date you will have to bring 4 original passport pictures to the Immigration Office, together with the original documents of the copies sent to the Immigration Office

You will find all the information regarding the procedure and the status of your case file, by inserting your username and password written on the Post Office receipt
› www.portaleimmigrazione.it

Once you get your Residency Permit, make a copy and bring it to our International Office. Information will be given at the Welcome Days and orientation sessions.

Money Matters

You may keep your bank account at home and use your visa check card at any Bancomat around the city. When withdrawing money from a Bancomat be careful of the people around you. We advise you to use Bancomats that are inside banks and not those right off the street. Unless necessary do not use Bancomats inside or near stations.

Bank account and Codice Fiscale

If you wish to open a bank account or rent an apartment you will need a Tax code/tax file number, *Codice Fiscale* (Please note that the Tax Code is free of charge.). This card is issued by the Agenzia delle Entrate - Via Modonesi 16, under presentation of a valid identity document and a copy of your Visa if you are a non-EU student. More information will be given at the Welcome Day and orientation sessions.

Average costs (per semester)

- Accommodation*: 2,400 € to 3,300 €
- Food**: 650 € to 1,000 €
- Personal expenses: 200 € to 400 € per month
- Books: 200 €
- Local Transportation: 108 €

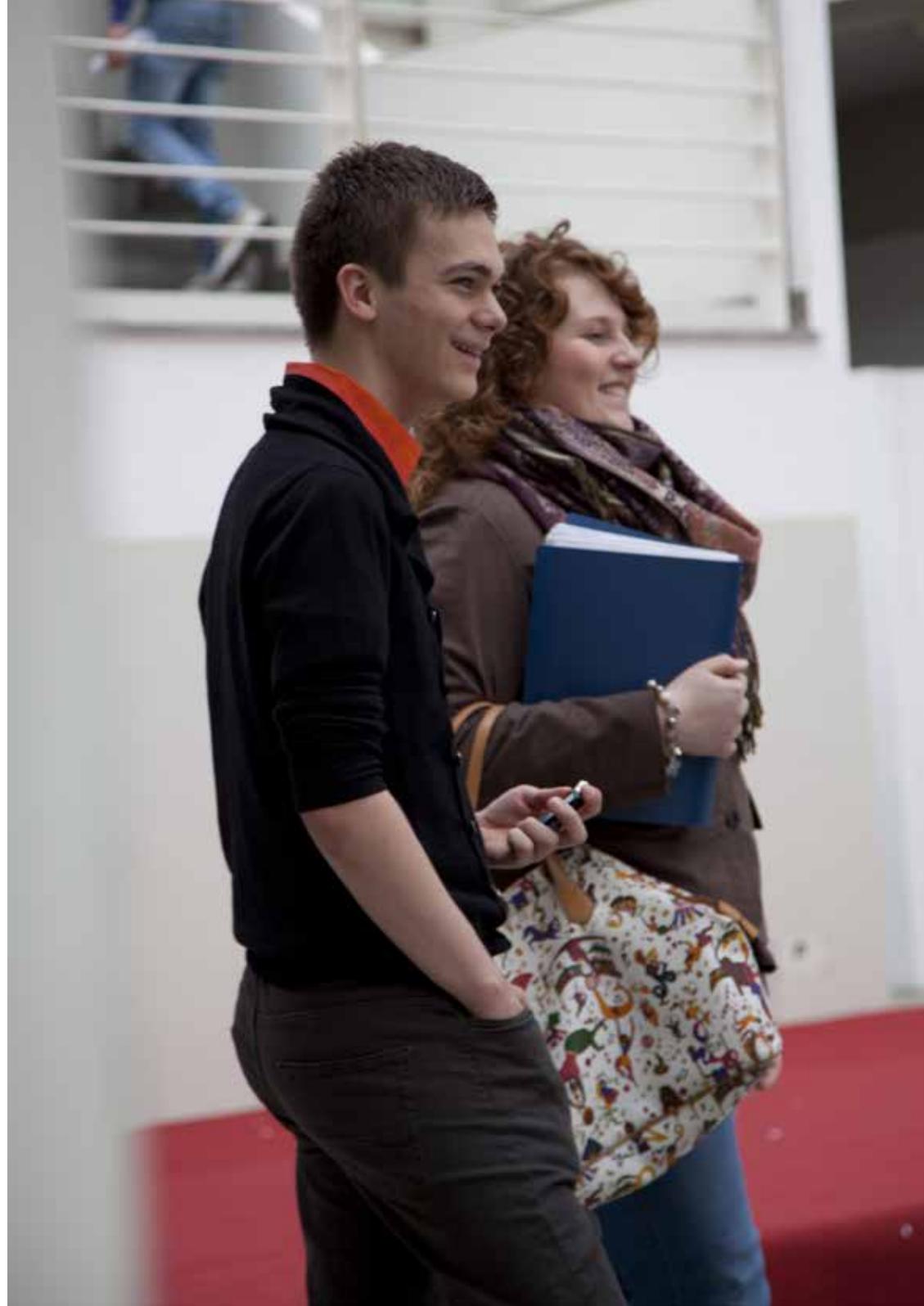
* Cost may vary depending on the area, single or double room and possible program benefits.

** The university provides you with a badge (student card) which allows students to eat in the cafeteria at discounted prices.

- Full meal: 7.50 €/Lunch meal: 5 €
- Pizza line: 4.50 €

Average costs in town

- Pizza & Beer: 15 €
- Cinema ticket: 8.00 €
- Ice-cream, gelato: 2.00 €
- Sandwich, panino: 4.50 €
- Coffee, caffè: 1,00 €



Connecting you

Mail

To locate a post office look for the yellow and blue PT sign. For mailing cost information consult the Italian Post web site:

› www.poste.it

If you need to mail delicate materials we would advise you send them by recommended mail, courier, or through express mail services, such as DHL, UPS or FedEx. Postal & customs taxes are very high depending on the weight and the value of the package's content.

Please note that if you are going to get packages delivered to our office, this is the procedure you are required to follow:

1. inform us that you are expecting a package and the estimated delivery date;
2. since our office is not authorized to keep cash money, you are kindly requested to leave us the amount you are supposed to pay at least a couple of days before the foreseen delivery date.

Please note that if you don't respect this procedure, UCSC International will not accept the package and it will be sent back to the post office head quarters.

Telephone

The most convenient way to keep in touch with your new Italian friends and family back home is the cell phone. You can purchase an unlocked GSM phone back home and get an Italian SIM card at cell phone providers such as TIM, 3, Vodafone or Wind.

Only triband and quadband phones will work in Europe. Check with your home cell phone service provider to find out if your current cell phone (once unlocked) can support an international SIM card. Once in Italy, you may look into signing up for a plan offer or simply getting pre-paid/rechargeable service. If you do not have a GSM phone purchased at home you may also buy one at a reasonable cost once in Italy.



International office

At Cattolica we have so much to offer. Much more than can be contained in the few pages of this brochure. The people to take you to these faraway places are the same people who will first bring you to the unique land of Italy.

On paper they are just names. But once you are enrolled at Cattolica, the International Office Staff will soon become your advisor, mentor and friend. International Student Advisors are not only responsible for promoting the attractions and benefits of Cattolica, they are there for the duration of your time at Cattolica. And beyond.

Many of our past students have since started international networks endorsing the benefits of our beautiful and supportive university as a study destination, whether for a few weeks, a semester, a year, or years.

Whether your need or concern relates to your studies, experiences or needs, our purpose is to be both your first port of call and in the vast majority of cases, your answer.

We have a unique understanding of the challenges experienced by International Students.

The International Office gives support and advice to all international students at the University and help you to have a happy and successful time in Piacenza.

Particularly, we will give you assistance regarding:

- VISA/Residency permit
- Course registration
- Cultural adaptation and homesickness
- Any other problems that you may be experiencing

Should you have any problems or inquiries, please do not hesitate to contact Francesca Lucchi, the Incoming Student Advisor:

› ucsc.international-pc@unicatt.it

**Università Cattolica del Sacro Cuore
UCSC International**

Via Emilia Parmense, 84 - Piacenza
29122

Tel: +39 0523 599 436

Office hours:

- Mon/Wed/Fri: 10.00am - 12.00pm
- Tue/Thu: 2.30pm - 4.30pm

Note:

If you are unable to come during the above office hours, you may send an email to:

› ucsc.international-pc@unicatt.it

to request an appointment for a different time.

Central contacts (Milan):

Gianluca Samsa, Associate Director
Outbound Program - Regional Manager
Latin America & Dual Degrees
UCSC International

Via Carducci 28/30 - 20123 Milano

Tel: +39 02 7234 5815+

+39 02 72345806

@: gianluca.samsa@unicatt.it



UCSC International Office

Piacenza-Cremona Campus

Via Emilia Parmense, 84

29122 Piacenza (PC)

Italy

Tel: +39 0523 599 436

Fax: +39 0523 599 441

› ucsc.international-pc@unicatt.it